



Florida Association of Aging Services Providers e-Newsletter

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Sponsor: Council on Aging of West Florida

Guest Editor: John Clark, President & CEO, Council on Aging of West Florida

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THIS ISSUE SPONSORED BY:



Message from the President

by John Clark, Council on Aging of West Florida, Inc.

Are You an Advocate?

What is an advocate? In ancient times an advocate was someone "whose profession was to plead cases in a court of Justice." It comes from the Latin word *advocatus*—one called to aid; a pleader, advocate!

However, today advocacy has a more expansive meaning. It can mean speaking or working on behalf of an individual, a cause, an issue, or a combination of all three. Typically when we talk about advocacy, we automatically think of it in terms of legislative matters; whether it is budget issues or policy matters.

The truth is those of us who are working in the aging network are called to be advocates on numerous issues. This is especially the case if we are in leadership positions. And, wow, do we have some important issues needing

our support and advocacy. What are two of those important issues?

The first issue needing our advocacy is the Florida State Budget. We were thrilled when Governor Rick Scott's proposed budget for 2014-15 included an increase in General Revenue funding for aging programs, such as the Community Care for the Elderly Program (CCE). It is encouraging that the Governor and his policy staff see and understand the continued role and importance of such programs, especially as we turn to the Medicaid Managed Long Term Care System for Medicaid clients.

Our advocacy for these General Revenue programs started several months ago when the leadership of FASP, FCOA, Florida Health Care Association and Robert Beck from PinPoint Results began meeting



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with budget and policy staff to talk about these vital programs. Now our advocacy must continue with members of the Florida Legislature.

That is where you come in; each of you is being asked to contact the members of your local Florida Legislative Delegation in support of increased funding for Florida's General Revenue aging programs such as CCE. [How to find your legislators?](#)

We have an advocacy brochure for your use in these contacts which explains in layman's terms what these General Revenue programs do, who they help and why they are so important. Now is the time to be making these contacts at the local level with members of your delegation. [Click here - Advocacy Brochure](#)

If you personally cannot do that, perhaps some of your volunteers or members of your board of directors would be willing to help. What you have to say is important! You know the needs, you know your clients and you know the importance of these programs. Share that knowledge with your local legislative delegation.

The second issue of importance to all advocates in the Aging Network is the reauthorization of the Federal Older Americans Act (OAA), replacing the funding lost due to sequestration AND increasing the overall funding level of OAA.

Since its inception, OAA has formed the foundation of many home and community based services throughout our country. It has served as a model for many state programs, such as Florida's Community Care for the Elderly (CCE). It is playing an important role in the continuum of care and is helping millions to remain independent in their own homes and communities. Indeed, in Florida, it complements both the state General Revenue Programs and the Medicaid Managed Long Term Care Program. Yet the funding has never kept pace with the ever growing number of older Americans.

Just think, in 2030 it is estimated that some 25 percent of Americans will be age 60 plus! Equally important, as most of you who work in the Network know, OAA clients are more and more beginning to resemble clients in the CCE Program. They are increasingly frail, older and poorer. OAA and its programs are NOT "icing on the cake," they are often the difference between in home care and the need for institutional placement. In summary, OAA needs to be reauthorized, sequestration losses restored and overall funding increased!

Finally, remember this; elected officials want, and need, to hear from their constituents. They want, and need, to know what their constituents' opinion is on public policy issues and legislative matters. If there is "thundering silence" it is impossible for them to know your thoughts on issues of importance. You know, whatever your political persuasion is, all elected officials, at all levels of government, deserve our thanks for their willingness to "step up to the plate" and offer themselves to public service. It is not an easy task and few are willing to take on the challenges. They are often torn between (and among) competing priorities, all of which may have great merit. They have many citizens making demands on them for their time, their action and their vote on a particular policy issue.



Those of us in the Aging Network should not be shy about letting elected officials and policy makers at the state and federal levels know how important these two foregoing matters are to the citizens we serve day in and day out. We need to "advocate" on these vital legislative issues for the sake of those we serve.

Representative Mike Hill, Republican District 2 (covers part of Escambia and Santa Rosa Counties) visits Council on Aging of West Florida, Adult Day Care Center, in Pensacola. Representative Hill is a Member of the House Health Care Appropriations Subcommittee.

Senator Legg Fights for Seniors in Bipartisan Bill



STATE SENATOR JOHN LEGG, DISTRICT 17

Tallahassee, Florida – Florida Senator John Legg (R-Trinity) filed Senate Bill 1082 (Adult Day Care Centers), which will protect senior citizens and will provide for better quality of care. Representative Amanda Murphy (D-New Port Richey) has filed the companion legislation, House Bill 935 (Adult Day Care Centers).

“With every passing day, Florida’s aging population expands,” said Senator Legg. “There is a rapidly growing need for an array of senior care options, including adult day services. Senate Bill 1082 safeguards our seniors and creates additional opportunities to enhance their quality of life.”

Senate Bill 1082 (Adult Day Care Centers) includes the following highlights:

- Defines the standards and purpose for adult day care services industry in Florida, which are non-residential and are a growing option in the long term and chronic care approaches in keeping healthcare costs down.
- Eliminates the exemption for an assisted living facility and other long term care settings to provide adult day care services without having to obtain an adult day care license, enabling them to have their own identity and not be diluted as an “add on” service within other industries.
- Provides for adult day care services that have been in operation for a minimum of one year, to relocate and continue operating the program when it requires a temporary move for improvement or repairs.
- Grants a conditional license if an organization that has been in operation for one year and in good standing, may move the entire center to a new location. A renewal application submission 60 days prior and site inspection by the agency would be required within 6 months.
- Requires counties and municipalities operating an adult day care services program to pay license fees to be consistent with the industry.
- Protects vulnerable populations and the integrity of the programs and ensures that violators not be able to continue to operate if the Agency determines that corrections of violations have not been made and the safety or well-being of individuals are at risk.
- Requires annual updated education for staff for methods of care for Alzheimer’s disease and related dementias rather than the current four hours of study for a lifetime of care.

[Click here](#) to view the entire bill.

For more information, please visit FLSenate.gov, contact Spencer Pylant at 850-487-5017 or via email at pylant.spencer@flsenate.gov.

Governor's Budget Recommendations for GR programs

Florida Law requires the Governor to present a balanced budget to the Florida Legislature for consideration during the legislative session scheduled to convene on March 4, 2014. During the 60 day session, the Legislature will review and consider the Governor's recommendations as they build the budget for next fiscal year.

For the first time in several years, the Governor's budget recommendations include increased funding for the General Revenue-funded programs Community Care for the Elderly - \$4 million and for the Alzheimer's Respite Care Program - \$4 million. This \$8 million recommended increase is to be used to reduce the number of seniors currently on the [Department of Elder Affairs waiting list](#) for assistance.

In addition, the Governor's budget also recommends an increase of \$8 million in General Revenue to match federal Medicaid funding for additional managed long term care program slots. Rounding out his recommendations, the Governor's budget provides \$650,000 in General Revenue to also match federal Medicaid funding to continue current Aging & Disability Resource Center (Area Agencies on Aging) funding for client assistance under managed long term care.



John Clark, President of FASP, (left) Terri Barton FASP Board Member and CCE Representative, (center) and Bill Aycrigg, Past President of FCOA (right) along with LuMarie Polivka-West, President of FCOA and Robert Beck, President of PinPoint Results, recently met with representatives of the Governor's Policy and Budget staff to discuss funding for General Revenue aging programs.

Legislative Guide 2014

2014 Key Legislative Dates

March 4, 2014.....	Regular Session convenes
March 4, 2014 12:00 Noon.....	Deadline for filing bills for introduction
April 22, 2014.....	50th day, last day for regularly scheduled committee meetings
April 28, 2014.....	All bills are immediately certified
May 2, 2014.....	60th day, last day of Regular Session

Who is My Legislator?

To ascertain your legislators, look at your voter registration card, which shows the numbers of your House and Senate voting districts. Alternatively, you may find this information through the web site of your County Supervisor of Elections, which can be accessed through the following link:

<http://flsenate.gov/Senators/Find>

How to Track the Progress of a Bill

To track the progress of a bill, go to **Online Sunshine** at: <http://www.leg.state.fl.us>. Click on the link to the Senate. At the top of the page, enter the bill number and click on "Go". This will bring up a summary of the bill and the current actions taken on it. From this page you can also access the full version of the bill.

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SENATE LEADERSHIP AND COMMITTEE INFORMATION

Don Gaetz, Senate President (850) 487-5229 gaetz.don.web@flsenate.gov

Committee on Children, Families, and Elder Affairs

Staff Director: Claude Hendon (850) 487-5340 **Website:** <http://flsenate.gov/Committees/Show/CF/>

Sobel, Eleanor (D), Chair – 954-924-3693 or 850-487-5033 Sobel.eleanor.web@flsenate.gov
Hays, Alan (R), Vice Chair – 352-742-6441 or 850-487-5011 hays.alan.web@flsenate.gov
Altman, Thad (R) – 321-752-3138 or 850-487-5016 Altman.thad.web@flsenate.gov
Braynon, II, Oscar (D) - 305-654-7150 or (850) 487-5036 braynon.oscar.web@flsenate.gov
Clemens, Jeff (D) - 561-540-1140 or (850) 487-5027 clemens.jeff.web@flsenate.gov
Dean, Sr., Charles (R) - (352) 860-5175 or (850) 487-5005 dean.charles.web@flsenate.gov
Detert, Nancy (R) - (941) 480-3547 or (850) 487-5028 detert.nancy.web@flsenate.gov
Diaz de la Portilla, Miguel (R) - (305) 643-7200 or (850) 487-5040 portilla.miguel.web@flsenate.gov
Grimsley, Denise (R) – (863) 386-6016 or 850-487-5021 grimsley.denise.web@flsenate.gov
Thompson, Geraldine (D) - (407) 245-1511 or (850) 487-5012 thompson.geraldine.web@flsenate.gov

Committee on Health and Human Services Appropriations

Staff Director: Scarlet Pigott (850) 487-5140 **Website:** <http://flsenate.gov/Committees/Show/AHS/>

Grimsley, Denise (R), Chair – 860-386-6016 or 850-487-5021 grimsley.denise.web@flsenate.gov
Flores, Anitere (R), Vice Chair – 305-270-6550 or 850-487-5037 flores.anitere.web@flsenate.gov
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Garcia, Rene (R) – 305-364-3100 or 850-487-5038 Garcia.rene.web@flsenate.gov
Gibson, Audrea (D) – 904-359-2553 or 850-487-5009 Gibson.audrey.web@flsenate.gov
Lee, Tom (R) – 813-653-7061 or 850-487-5024 Lee.tom.web@flsenate.gov
Montford, Bill (D) – 850-653-2656 or 850-487-5003 Montford.bill.web@flsenate.gov
Richter, Garrett (R) – 239-417-6205 or 850-487-5023 Richter.garrett.web@flsenate.gov
Smith, Christopher (D) – 954-321-2705 or 850-487-5031 smith.chris.web@flsenate.gov
Sobel, Eleanor (D) – 954-924-3693 or 850-487-5033 Sobel.eleanor.web@flsenate.gov
Thrasher, John (R) – 904-287-4222 or 850-487-5066 Thrasher.john.web@flsenate.gov

HOUSE LEADERSHIP AND COMMITTEE INFORMATION

Will Weatherford, Speaker of the House

Health Care Appropriations Subcommittee

Staff Directors: Eric Pridgeon, Budget Chief and Lisa Larson, Senior Administrative Assistant
(850) 717-4814 **Website:** <http://myfloridahouse.com/Sections/Committees/committeesdetail.aspx?TermId=85&CommitteeId=2703>

Hudson, Matt (R), Chair – 239-417-6270 or 850-717-5080 matt.hudson@myfloridahouse.gov
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Diaz, Jose Felix (R) – 305-442-6800 or 850-717-5116 jose.diaz@myfloridahouse.gov
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Hill, Walter Bryan “Mike” (R) – 850-595-0467 or 850-717-5002 mike.hill@myfloridahouse.gov
Moskowitz, Jared Evan (D) – 954-346-2848 or 850-717-5097 Jared.Moskowitz@myfloridahouse.gov
Murphy, Amanda Hickman (D) – 727-848-5885 or 850-717-5036 Amanda.Murphy@myfloridahouse.gov
Richardson, David (D) – 305-535-5426 or 850-717-5113 David.Richardson@myfloridahouse.gov
Schwartz, Elaine J. (D) – 954-924-3813 or 850-717-5099 elaine.schwartz@myfloridahouse.gov
Wood, John (R) – 863-298-5300 or 850-717-5041 john.wood@myfloridahouse.gov

Health & Human Services Committee

Staff Director: Christa Calamas (850)717-4840

Website: <http://myfloridahouse.com/Sections/Committees/committeesdetail.aspx?TermId=85&CommitteeId=2714>

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Gibbons, Joe (D) – 954-893-5006 or 850-717-5100 joe.gibbons@myfloridahouse.gov
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Jones, Mia L. (D) – 904-924-1615 or 850-717-5014 mia.jones@myfloridahouse.gov
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Roberson, Ken L. (R) – 941-613-0914 or 850-717-5075 ken.roberson@myfloridahouse.gov
Wood, John (R) – 863-298-5300 or 850-717-5041 john.wood@myfloridahouse.gov

Recognize a Valuable Service Employee You Know with a FASP Award!



The 2014 FASP Awards Committee has begun accepting nominations for the 2014 Minotty Eye Foundation Best Direct Service Employee of the Year.



The deadline for submissions is **Thursday, May 15, 2014**

FASP Members are encouraged to nominate a Florida aging service employee who has:

- ✦ added value to the service being delivered that has benefited the elders served;
- ✦ gone above and beyond job requirements to provide customer service and ensure customer satisfaction;
- ✦ developed community resources and support to the services being provided; and demonstrated a high level of commitment to excellence.

The Minotty Eye Foundation Best Direct Service Employee of the Year Award acknowledges an employee who makes a difference in the lives of seniors individually or through a unit, group, agency or organization.

Each year, FASP presents this award during the Florida Conference on Aging to honor the dedication of Florida service employees. The 2014 Florida Conference on Aging will be held August 4-6, at the BonAventure – Weston, Florida.

Due to the generosity of the Minotty Eye Foundation's sponsorship, the Award winner will receive one year complimentary membership and complimentary registration on Tuesday, August 5th to receive their award which includes \$500.00 for themselves and \$500.00 for their Agency.

Nominations can be submitted online at [2014 FASP Award Nomination](#). If you have any questions, please contact moreinfo@fasp.net or call (850) 222-2575.



Daylight Savings Time begins March 9

Daylight Savings Time Can Negatively Affect Senior Health by Anne-Marie Botek

As the country prepares to "spring forward" an hour for daylight saving time on March 9th, it's important to keep in mind how even a tiny time change can affect your health—particularly if you're older or suffering from a chronic illness.

Dr. Mingone and Sharon Roth-Maguire, MS, RN, of BrightStar Care, offer some tips to help seniors adjust to the time change:

- Maintain sleep patterns. The time between falling asleep and waking up shouldn't vary by more than 20 minutes.
- Avoid caffeine, alcohol, over-the-counter sleep meds and do not take naps, especially during the first days of DST.
- Engage in a physical activity in the late afternoon or early evening. Roth-Maguire says that a hot, relaxing bath will have the same effect because the sun helps to regulate body rhythms.
- Make sure the bedroom is quiet, cool and dark enough to promote sleep.



[Click here](#) for full article.

FASP Ad Hoc Mission Committee

The FASP Board of Directors formed an Ad Hoc Committee at the 2013 October Board Retreat. The Ad Hoc Committee was given the task of evaluating current and future strategies to help meet FASP member needs in relation to the FASP mission. The Committee convened at FASP offices on January 7th, 2014.

The Committee discussed the qualities that may shape the FASP member of the future. With so many changes being implemented in the aging network, the needs of our members is sure to change and evolve. The Committee showed resolve to continue meeting the needs of its members as these changes take place and affect day-to-day operations of many members.

One of these strategies includes focus groups. FASP plans to hold focus groups in multiple areas in Florida in order to discern which benefits are most attractive for prospective members. FASP has enjoyed a high renewal rate of membership and plans to strategize to meet current and future needs.

One of these planned changes includes the FASP logo. Due to the generosity of board member donations, FASP is holding a competition among graphic design departments of universities in Florida. The student with the chosen logo will receive a prize of \$1,000 and their graphic design department will receive \$500. The new FASP logo is expected to be released at the 2014 Conference on Aging August 4-6 at the Bonaventure in Weston, Florida.



Things are changing, but what has not changed is FASP's dedication to meet the needs of members, through meetings, calls, legislative visits – whatever it may take to fulfill our mission.



March 2014

March 11-15, 2014: San Diego, CA. ASA Aging in America Conference. Visit <http://asaging.org> for more information.

March 13, 2014: FL Gulf Coast University, Ft. Myers, FL. Second Annual Symposium on Alzheimer's Disease and Related Dementias, [click here](#) for brochure.

March 14 -17, 2014: Renaissance Seaworld, Orlando, FL. American Association for Geriatric Psychiatry Conference. For more information, visit <http://www.AAGPmeeting.org>.

May 2014

May 22-23, 2014: Hilton, Orlando. Florida Hospices and Pallative Care Association Annual Forum, "The Journey Continues: Elevating Clinical Practice to New Heights". For more information visit: www.floridahospices.org/forum

FASP is on Facebook - Are You?



Do you or does your organization have a Facebook or Twitter account?
We would love to “like” “Friend” and/or “follow” you too.

FASP - Florida Association of Aging Services Providers Facebook page

<http://www.facebook.com/home.php?#!/pages/FASP-Florida-Association-of-Aging-Services-Providers/186392068069967>

FASP - Florida Association of Aging Services Providers Twitter

<http://twitter.com/FLAgingServProv>



DOEA - Florida Department of Elder Affairs Facebook page

<http://www.facebook.com/pages/Florida-Department-of-Elder-Affairs/128604923878650?sk=wall>

FCOA - Florida Council on Aging Facebook page

<http://www.facebook.com/home.php?#!/pages/Florida-Council-on-Aging/74320166787>

FCOA - Florida Council on Aging Twitter

<http://twitter.com/#!/FCOA1>



www.broward.org



www.aarp.org



www.Osceola-coa.com



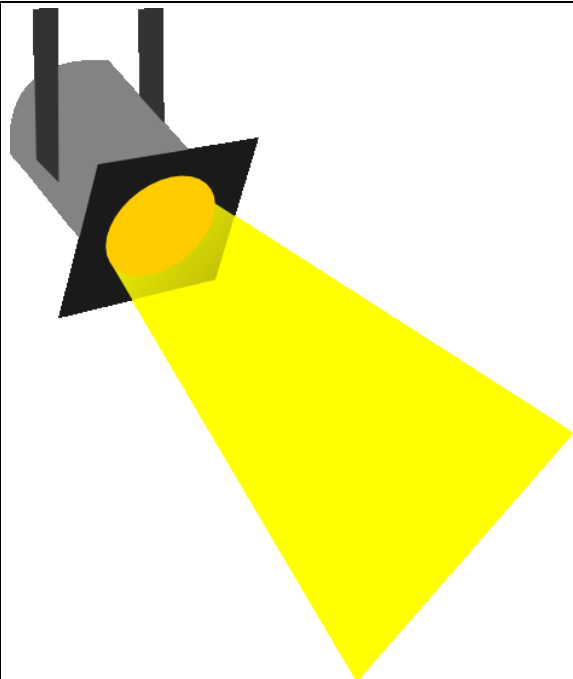
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www.maevolen.com



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This issue of the FASP e-Newsletter was brought to you by the generous donation of



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The intent of the FASP Newsletter is to keep you informed about program updates and information relating to aging services providers. If you have any comments about the newsletter, suggestions on ways to improve it and/or items you would like included, please contact FASP by e-mail at moreinfo@fasp.net or by phone at (850) 222-3524.

The mission of FASP is to support and advocate for public and non-profit organizations engaged in the provision of community-based services to Florida's elders to improve their quality of life.

Mark your calendars now!



*The 2014 Florida Conference on Aging
will be held
August 4-6, 2014
at the
Bonaventure, Weston, FL*

Early Conference Registration [on-line](#)

